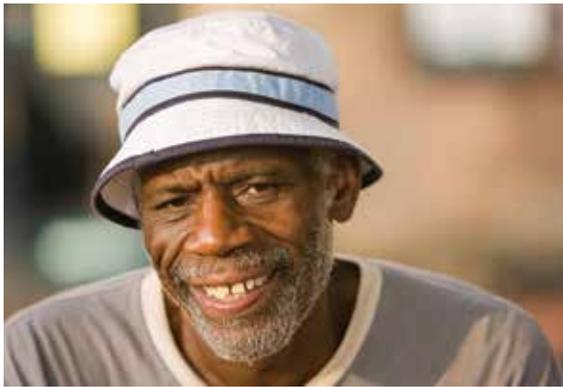


## SSHP is Free if You Choose to Participate

You decide if you want to take advantage of the SHHP offerings. The program is voluntary and free to you. Here are some of the benefits you can enjoy as an SSHP participant:



- Access to services to assist you with daily living
- Accessibility modifications to your home
- Increased independence
- Transition services that allow you to stay or return home
- Social activities
- Personalized healthy living plan based on your goals

At RUPCO, we're helping our senior residents enjoy life by being more active, engaged and thriving. We believe our communities flourish when our seniors are healthy, happy and home-based.

### To learn more, contact:

#### Care Manager

Robert Budreau  
(845) 706-0628

#### Care Manager

Leila Santana  
(845) 706-2342

#### Program Services Manager

Kim Mapes  
(845) 331-2140, ext. 208



*Strengthening Homes, Communities and Lives*

289 Fair Street  
Kingston, NY 12401

**(845) 331-2140**



## Senior Supportive Housing Program



Here for you when you need us



*Strengthening Homes, Communities and Lives*

[www.rupco.org](http://www.rupco.org)

## Our Care Managers Help You

At RUPCO, we believe “Home Matters” and we want to help you remain at home for as long as possible. Some call it “Aging in Place.” We call it Common Sense. Our Care Managers are focused on you and your desire to remain independent. They work directly with you to develop a personalized healthy living plan. Your Care Manager shares with you information, education, and access to community resources, all which assist you in attaining the highest quality of life in the comfort of your home.



## Are You Eligible for SSHP?

You qualify for these free services if you:

- Are 65 or older
- Are a Medicaid beneficiary (or eligible for Medicaid)
- Reside in one of RUPCO's owned or managed rental units.

Meet with a Care Manager today to find out how the Senior Supportive Housing Program can help you remain in your home longer and get more out of each day.

## What is SSHP?

RUPCO launches this new program with funding from the NYS Department of Health to bring additional supportive services and care coordination for seniors over age 65 that are receiving Medicaid so they can continue to live independently. The Senior Supportive Housing Program builds upon and expands the services we currently offer in our owned and managed units. We designed SSHP to positively impact quality of life for you and all of our residents.

## What is the SSHP Focus?

Our Care Managers are concerned with you, your health needs, and your ability to:

- Access preventative healthcare
- Self-manage chronic health conditions such as diabetes or arthritis
- Coordinate transition support for when you return to your home after a stay at a nursing home, hospital, or short-term rehab
- Reduce your occurrence of medical emergencies

***“You are never too old to set another goal or to dream a new dream.”***

- Les Brown